





SMOKE IN OUR EYES!

Recent bushfires in Australia have sadly caused destruction and death. People have lost homes, and native animals and birds have died along with people. Smoky air has caused irritation to our eyes and our lungs. It is very sad to see so much loss due to the fires and smoke. It is wise to remember that any kind of smoke can damage our lungs. We don't like to breathe the smoky air from the fires, because it can cause irritation in our lungs. So why light a cigarette and draw the smoke into your lungs when we know that it damages our body? Use the code to find some of the dangerous chemicals in cigarette smoke that cause disease.

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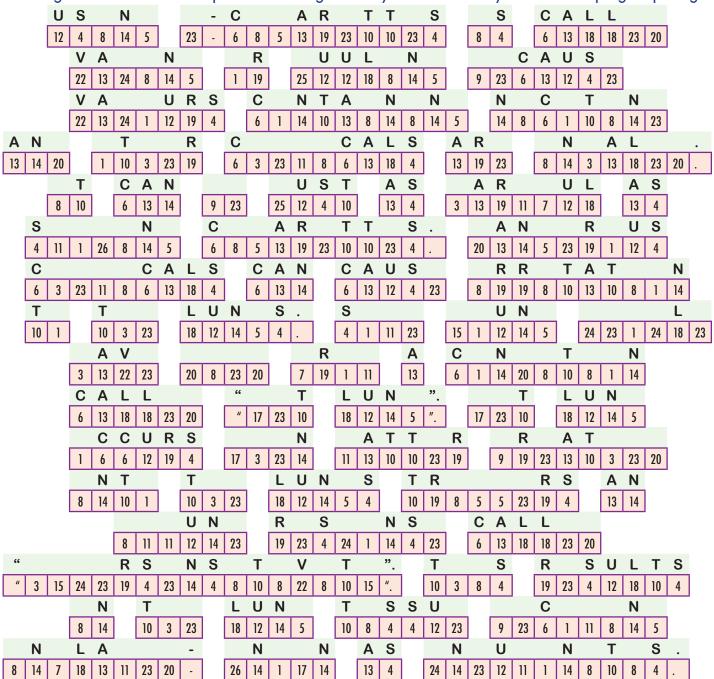


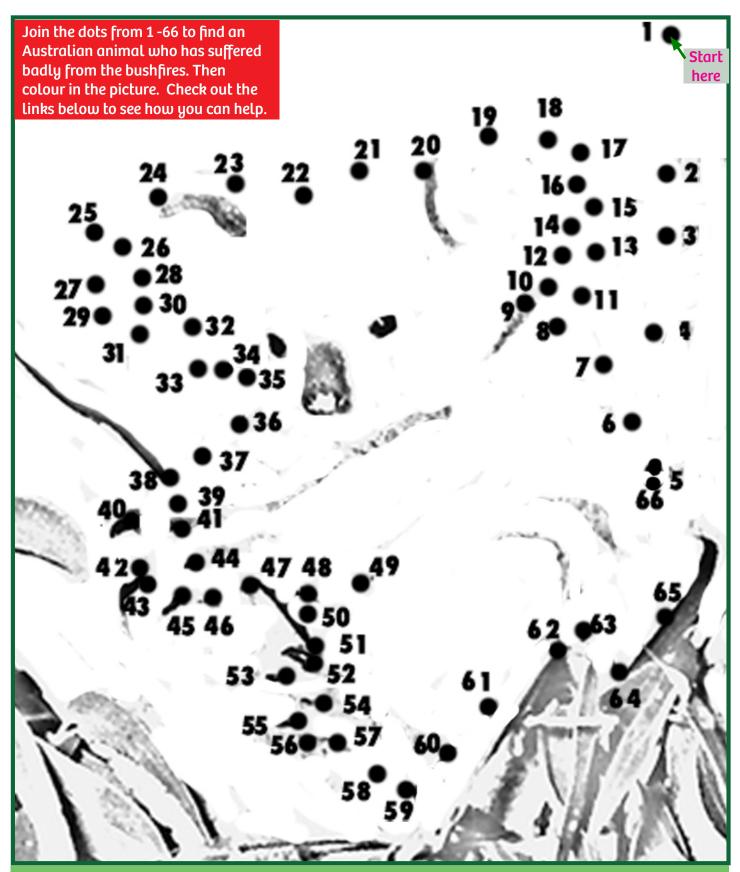


VAPING or JUULING

A	В	C	D	E	F	G	Н	J	K	L	M	N	0	P	Q	R	S	T	U	V	W	X	Y	Z
13		6								18		14				19	4	10	12	22				

Work out the code numbers from word using the letters you have been given and then fill in the missing letters to find the important message on why it is best to say "NO!" to vaping or juuling.

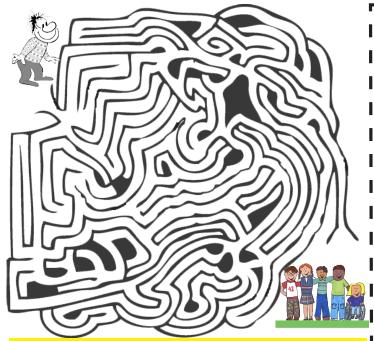




Many small Australian animals have been impacted by the bushfires. You may like to donate to help treat and save our Australian animals or to assist people who have lost property or sacrificed incomes to fight the fires. Many of our Australian farmers are also finding it tough with drought conditions. It is better to spend money to rescue and bring life than to spend it on alcohol, drugs or smoking which causes sorrow, disease, destruction and death. Check out these websites on how you can help.

Red Cross - https://www.redcross.org.au/campaigns/disaster-relief-and-recovery-donate

Bushfire Support - http://bushfiresupport.com.au/donate/



Are you making new friends this year at school? Help Arpee find his way through the maze to meet some new friends. Look around your neighbourhood or classroom and see if there is someone that you can be a friend to. Show kindness and

respect to each person

and be a real

friend!

Don't forget to mail or email

Welcome to the new DFK club members from State updates:

Quinn B, Zeke I, Max P, Olive R, Lily R, Asec T, SPAUZ.



puzzles, codes, poems or your completed Fun Pages and put your name on your work to earn Points for awards. 2019 Awards were awarded to the following children for work sent in:

NZ - Rosema M. & Ella-Mae S. Australia - Amos W., John W. g Esther W.

JOIN THE CLUB -

SIGN THE PROMISE!

I CHOOSE not to drink alcohol, smoke, use or experiment with any other drug not prescribed by my doctor.

To join the Drua Free Kids club (for children aged 6 - 12), sign the promise and email your details (below) to:

webmaster@dfk.com.au

or post this cut out section to:

Drug Free Kids, c/- 32/22 Alton Road, **COORANBONG NSW 2265**

or for NZ

Drug Free Kids, PO Box 301817 **ALBANY Auckland 0752**

When you choose to join the club, always get your parent or guardian's permission as your names appear on our website and in this Fun Page.

Name of person who asked you to join DFK Club:

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Signed:	•••••	•••••	•••••	•••••
Date:	/	/		
First Name:	••••	••••		•••••

••••••

Postcode:

I was born on:

•••••

/ Month

We congratulate these members listed on the right who turn 13 between *January - March and we pray that you will continue to have happiness, success and the courage to stay drug-free during your teenage years.

Other club members who celebrate a birthday during these months are listed on our birthday webpage:



can now join Drug-free Youth. You

 * Our DFK pages have changed the publishing date to coincide with each quarter of the year and it is now printed in the middle month of the quarter: February, May, August, November.

I'm Worth It - Teens Facebook group www.drug-freeyouth.org