



Drug Free Kids



Your brain is an important part of your body. The brain grows very rapidly in a baby and then continues to develop until a person is in their 20s.

I hope your brain has worked well for you this year at school and that you enjoy the holiday break over the year end.

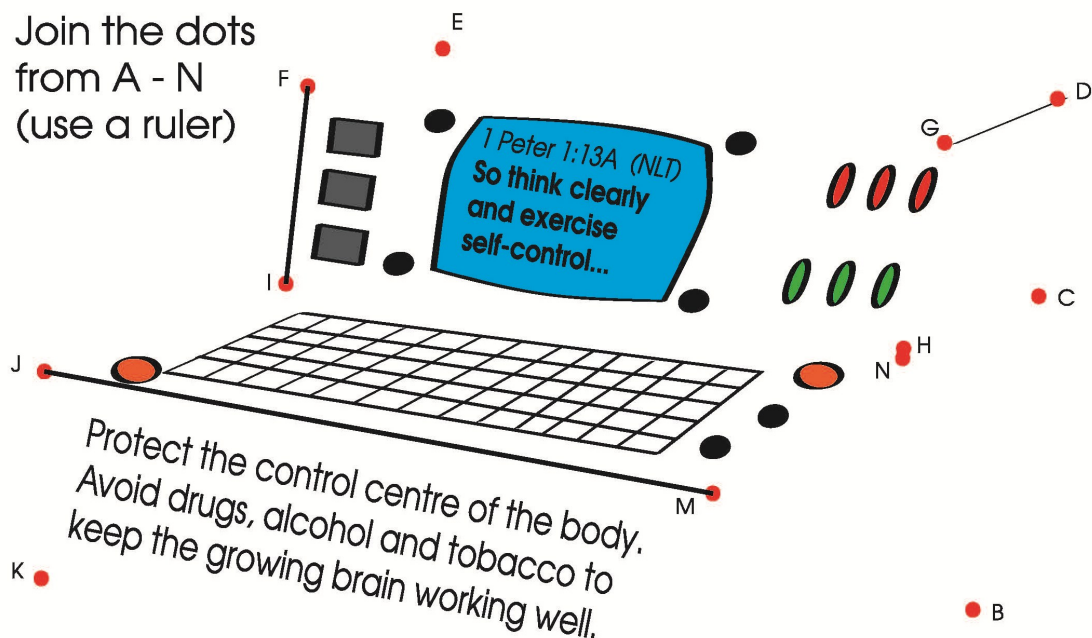
Always remember to look after your brain. The memory text on this control centre is a good one to remember as it has some wise advice.

- Think clearly.
- Exercise self control.

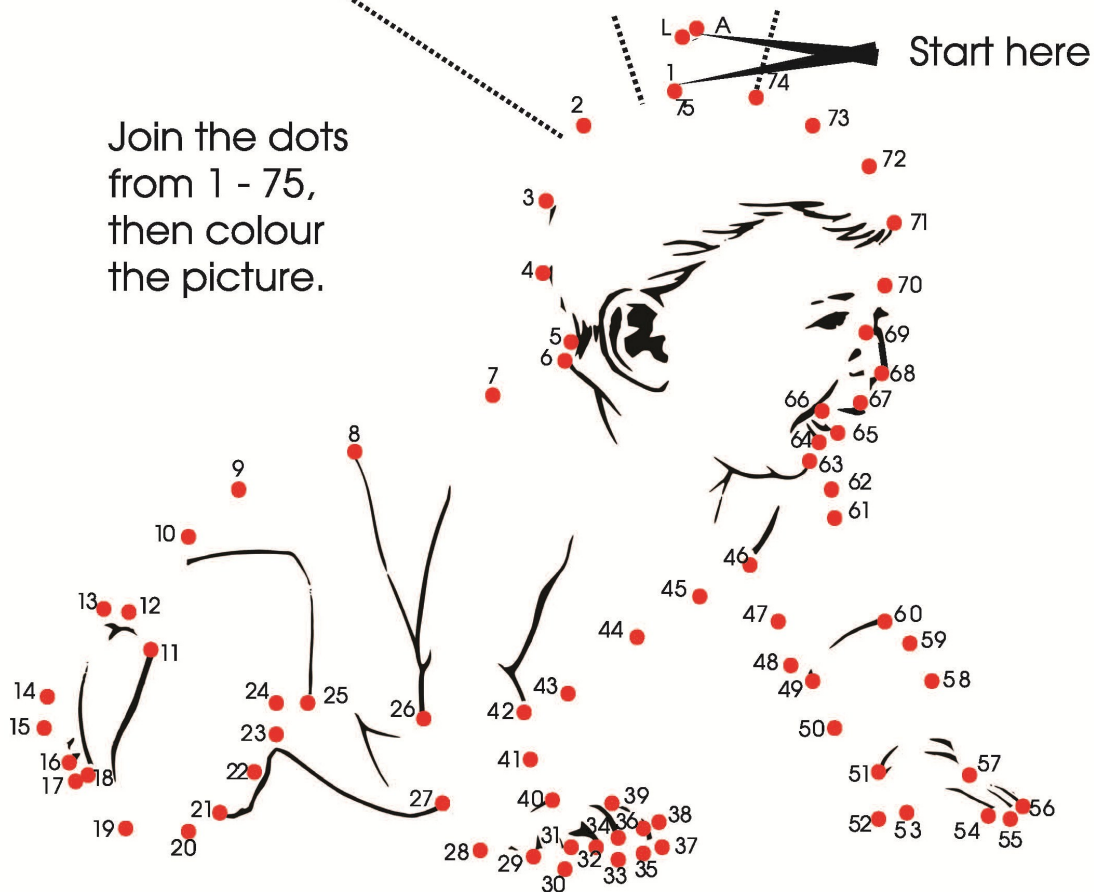
Have a Happy Christmas and look forward to new adventures in the New Year.



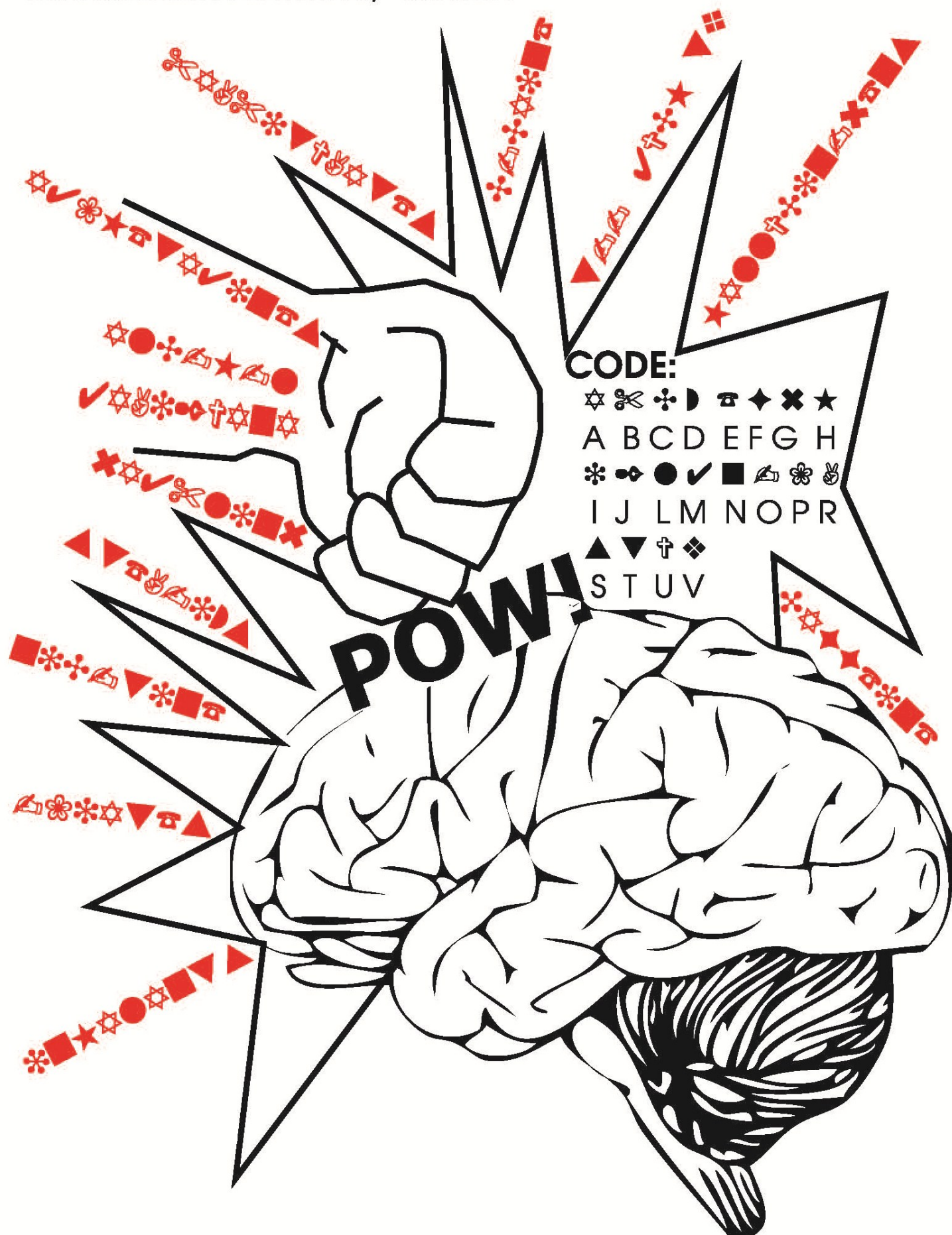
Join the dots from A - N (use a ruler)



Join the dots from 1 - 75, then colour the picture.



Use the code to discover the things which play a part in knocking out the control centre of the body - the brain.



Take care of your brain - life without drugs is the best!

Babies are precious!

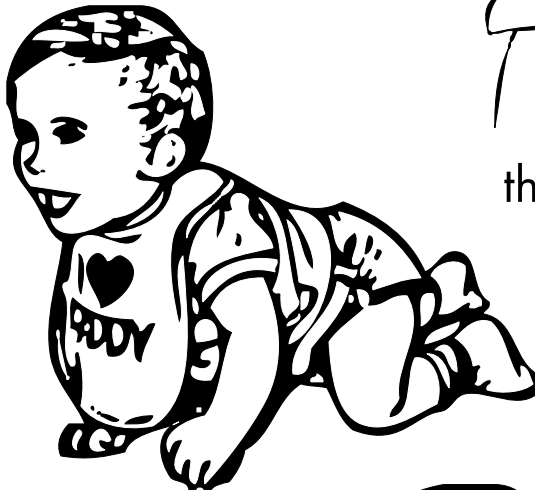
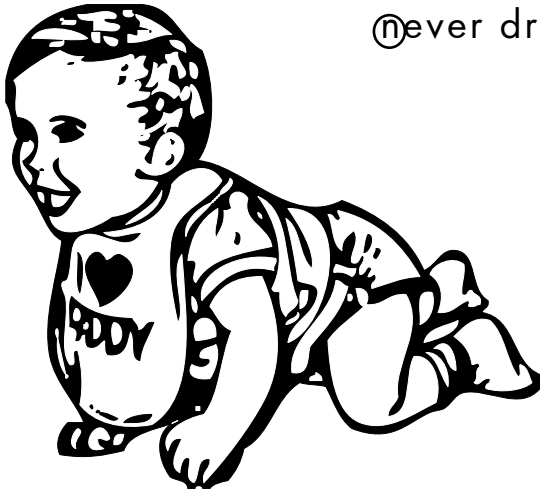
If a mother drinks alcohol while her baby is growing inside har, the baby may not develop properly. The bain and other parts of the body may be affected. The effects of alcohol oan the baby can range from minor changes to very serus problems which can affect the person for the rest of their life. These problems are called

Foetal Alcohol Spectrum Disorders or FASD.

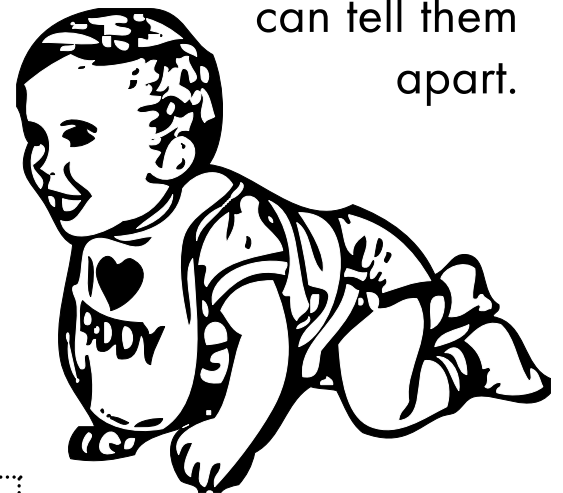
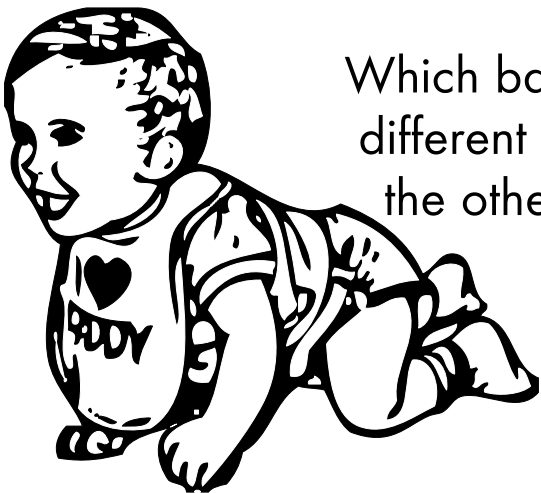
The best way to avoid these problems is to never drink alcohol.



Colour the ones that are the same, but give them different coloured clothes so you can tell them apart.



Which baby is different from the others?



Congratulations to those who have won awards in 2011. They will be sent out before Christmas.

Arpee's Mailbag

Ronan Brown-Duthie (233 points); Daniel Razay (144 points); Zachary Brown-Duthie (100 points); and Sarah Swannell (45 points). **Well done!**

Invite your friends to join the DFK Club and start earning points for 2012 by sending in your drawings, jokes, puzzles or poems to the address on the promise card on this page or to the email address on page 1.

I went on holidays in October to cuddle a new baby in our family - see if you can work out where I went (letters on this page that are circled) o and the name of the baby (letters on this page that have triangles round them). a



DRUG FREE KIDS' PROMISE & ENROLMENT FORM

For boys and girls aged 6—12 years

To be returned to:

"Drug Free Kids", PO Box 4044,
WOODRISING, NSW. 2284.

"I CHOOSE not to drink alcohol,
smoke, use or experiment with any other
drug not prescribed by my doctor."

Signature:

My name is

I live at

State

Postcode

I was born on

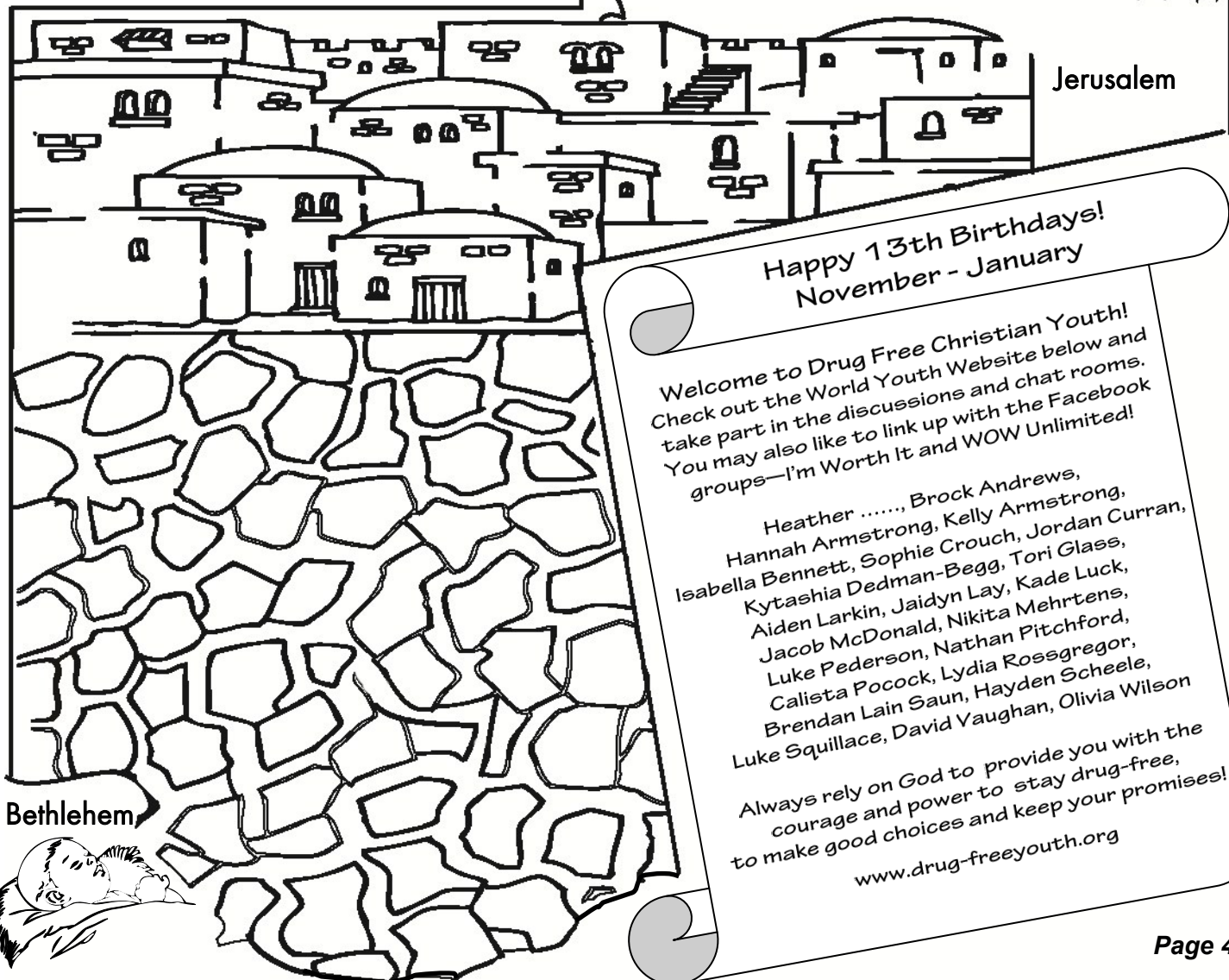
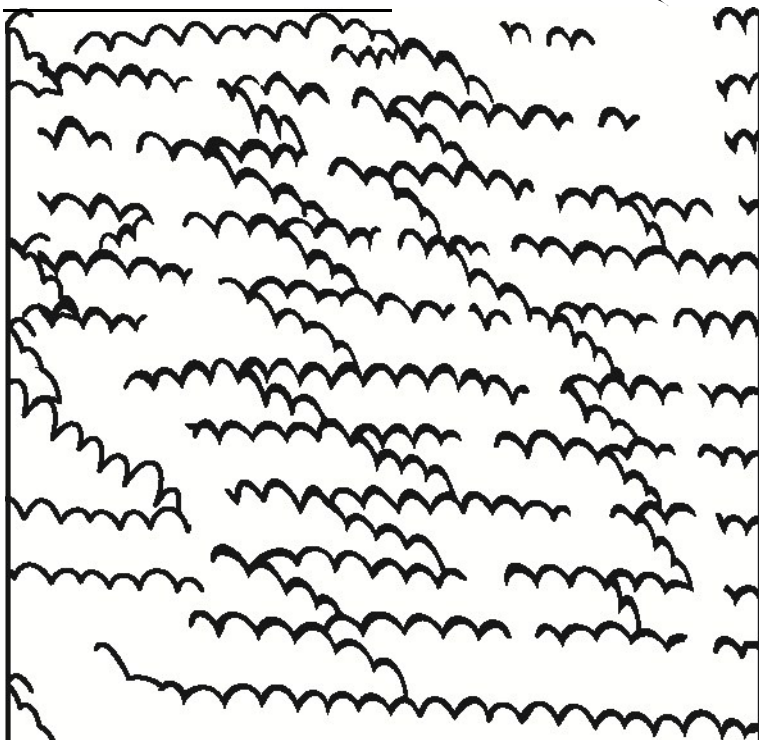
(day)

(mth)

(yr)

Signature of Parent:

God sent a special baby as
the Saviour of the world.
Help the Wise Men find their
way to Baby Jesus.
They must pass through
Jerusalem on the way.



Happy 13th Birthdays!
November - January

Welcome to Drug Free Christian Youth!
Check out the World Youth Website below and
take part in the discussions and chat rooms.
You may also like to link up with the Facebook
groups—I'm Worth It and WOW Unlimited!

Heather, Brock Andrews,
Hannah Armstrong, Kelly Armstrong,
Isabella Bennett, Sophie Crouch, Jordan Curran,
Kytashia Dedman-Begg, Tori Glass,
Aiden Larkin, Jaidyn Lay, Kade Luck,
Jacob McDonald, Nikita Mehrrens,
Luke Pederson, Nathan Pitchford,
Calista Pocock, Lydia Rossregor,
Brendan Lain Saun, Hayden Scheele,
Luke Squillace, David Vaughan, Olivia Wilson

Always rely on God to provide you with the
courage and power to stay drug-free,
to make good choices and keep your promises!

www.drug-freeyouth.org