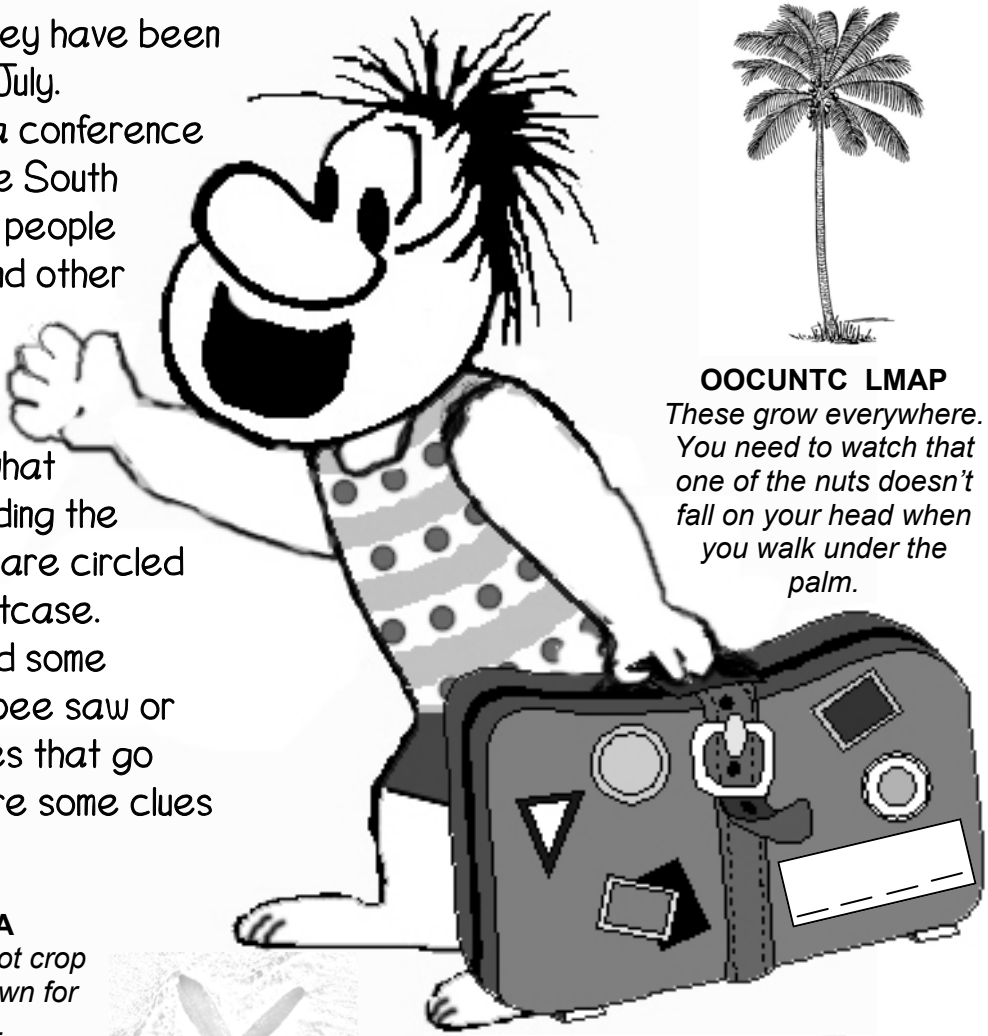
Drug Free Kids

www.dfk.com.au

For girls & boys aged 6 to 12

Arpee and Smukey have been travelling during July. They attended a conference in a country in the South Pacific, teaching people about alcohol, tobacco and other drugs.
They had a great time making new friends.
See if you can discover what country they visited by finding the letters on the pages that are circled and write it on Arpee's suitcase.
In these pages you will find some pictures of things that Arpee saw or ate. Unscramble the names that go with the pictures–there are some clues in the crossword!



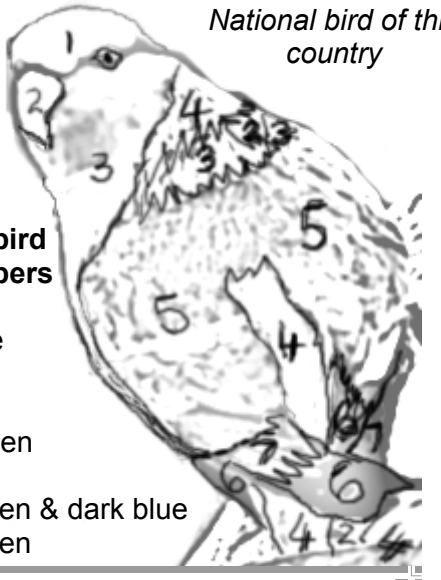
OOCUNTC LMAP
These grow everywhere. You need to watch that one of the nuts doesn't fall on your head when you walk under the palm.

TROA
Another root crop that is grown for food.

SIFHARTS
These can be seen in the sea and on the reef.

SSAAAVC
This root crop grows in many gardens and is eaten like potato.

LAUK
National bird of this country



UGAAIN
This animal is a pretty bright green and is a vegetarian.

Colour the bird as the numbers show
1= Dark blue
2= Yellow
3 = Red
4 = Light green
5 = Green
6 = Dark green & dark blue
7 = Dark green

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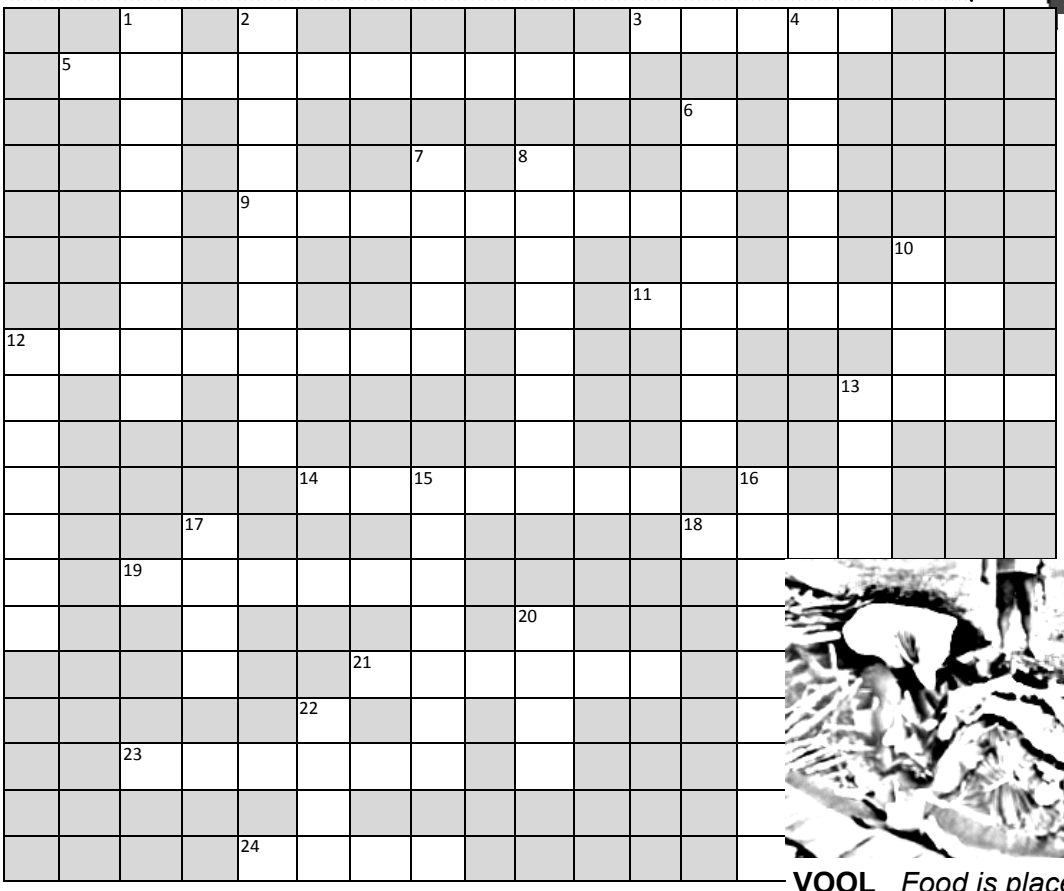
DFK Mailbag

This quarter, I received mail from:

Zachary Brown-Duthie—50 points

Welcome to new DFK members: **Jade Newman** and **Elle Sewell** as well as **Jorell Franklin** and **Faith Pule** who are being promoted from Little White Ribboners as they turn six during this quarter. Find Arpee! He appears **6 times** in these pages.

You can write to me or send things for the Fun Pages at the email address on page 1 or to the postal address on the promise form on page 4 or by filling out the form on the website—www.dfk.com.au. Answers to puzzles can also be found on the website address.



CLUES—Across:

3. Cancers may form here due to chewing betel nut.
5. The ability to bounce back when things knock you down. Having a caring adult who takes an interest in you helps you to develop this.
9. Becoming hooked on a drug or an activity so that it is hard to give it up.
11. A nut that grows on tropical islands and is used to flavour food and to have a drink.
12. A nut that is chewed with lime and a leaf. It acts like nicotine in the body. It is a stimulant, but causes cancers.
13. A drum that is beaten to call people to church or to ceremonies.
14. This drug is used a lot and causes many problems in society. It destroys brain cells.
18. A root crop that is used for food.
19. These are the victims of parents who drink alcohol. Protect them by choosing not to drink!
21. A unit of people who love, care and protect each other and work together. Usually made up of parents and children.
23. A type of green lizard that lives in Fiji and eats only vegetation.
24. The type of tree that coconuts and betel nut grow on.

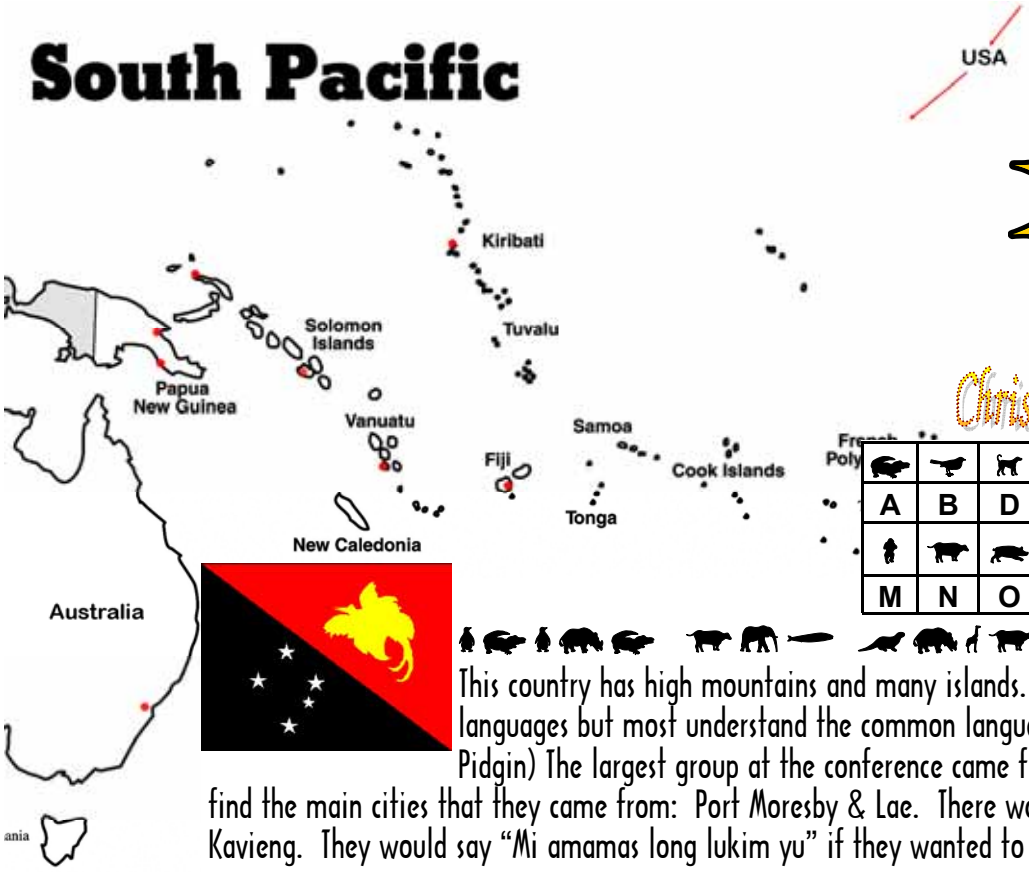
VOOL *Food is placed on top of heated rocks and covered with leaves to cook.*

CLUES—Down:

1. A person needs to have a healthy type of this and know that they are of value because they are a unique person.
2. Very sweet and juicy yellow tropical fruit.
4. A major cause of cancers and heart disease.
6. An animal that comes from India and is known for its ability to kill snakes.
7. This is what Jesus is called. He changes our darkness for this.
8. A blue creature that lives in the sea and feeds on the reef and sea floor.
10. A very brightly coloured parrot—the national bird of Fiji.
12. A fruit that is very good for the brain.
13. The Fijian name for an earth oven where rocks are heated, the food is placed on the hot rocks and covered up for some time.
15. Another root crop that grows in the tropics. Tapioca is also made from this root.
16. This drug has high levels of THC which affects the brain's memory and is hard to get rid of from the body.
17. These letters stand for Foetal Alcohol Spectrum Disorders caused by drinking alcohol when pregnant. Children are not able to function normally.
20. There are many different types of these swimming among the coral.
22. A drink made from the powdered roots of the Yaqona (Piper methysticum) plant. It affects the body in a similar way to alcohol as it is a depressant.

IHFS *One of many different colours and varieties that were swimming in amongst the coral on the reef. God loves variety!*

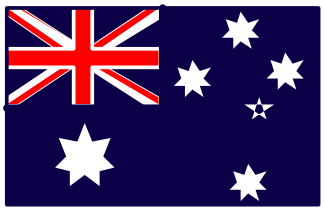
Find out where Arpee's friends came from and check out their national flags!



A	B	D	E	F	G	I	J	K	L
M	N	O	P	R	S	T	U	V	W

This country has high mountains and many islands. People speak many different languages but most understand the common language of Tok Pisin. (Melanesian Pidgin) The largest group at the conference came from this country . See if you can find the main cities that they came from: Port Moresby & Lae. There were also some from the town of Kavieng. They would say "Mi amamas long lukim yu" if they wanted to say "I am happy to see you."

This country was the host country for the conference. The women arrived in Nadi and went by bus to the other side of the island to the conference. If you wanted to say Hello in this country you would say "BULA!"



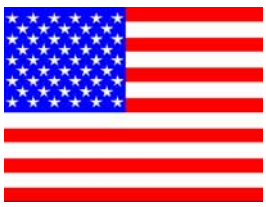
Two people and a number of puppets came from this country and looked after Smukey and Arpee. They flew with Arpee and Smukey from Sydney and took some of the seminars. The capital city is Canberra.

The people from this country also speak French as well as Pidgin English, their local language and English. . Its capital city is Port Vila

The ladies came from two groups in this country. They can understand Pidgin English too. Its capital city is Honiara. They had the second largest group at the conference.

One lady came from this country of many tiny atolls that may be thousands of kilometres apart.

The lady from this island did not get there as the boat timetable was changed at the last minute and it would take 3 days to get there by boat. However one lady from this country was working at the college where the conference was held and came to the seminars.



The world president of the WCTU comes from this country and came to the conference to take some of the seminars.

Altogether there were 160 people at the conference. Christ — the Light of the World was the theme for the conference. Use the code at the top of the page to help you discover the names of the countries.

AANNBSA
These are nice to eat anytime

July:

Maggie Bant, Alexandria Bobongie, Jacob Boehm, Damian Brereton, Nadine Chapman, Candice Chong, Ellis Connor, Siobhan Craig, Erin Donnelly, Jorell Franklin, Rhiannon Garner, Patrick Johnstone, Alexander Keller, Darth Mackay, Toni-Jayne McKenzie, Philadelphia McKinnon, Bryce Parker, Alexandra Schurr, Wade Smith, Shaymika Stewart, Shynia Stewart, Riley Townsend, James Turlan, Brent Walker, Lluwannee Walker, Chloe Watson, Lucas Wells, Reginald Yasserie.

SPPLIANEEP
Try these by themselves or add them to fruit salad

August:

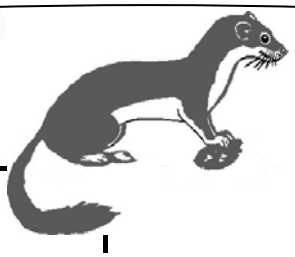
Heidi Beckedorf, Sarah Bennett, Kayden Campos, Jazmine Cook, Jessica Crawford, Jemimah Foaeva, Gabrielle Gardner, Jess Garsed, Luke Gaskin, Bayley Halyburton, Jayndin Hopton, Jaidyn Job, Josie Kean, Holly Lord, Rhyanna Lee-Boyce, Mitch Mahoney, Jaime Martin-Carabes, Harrison Newman, Faith Pule, Lauren Russo, Simon Slowitzki, Ryan Stanton, Benjamin Walker, Troy Watson.

September:

Sarah Follett, Nicole Gleeson, Reuben Grynglas, Marion Gust, Adam Heathcote, Dylan Heathcote, Chloe Hill, Travis Holden, Benjamin Jones, Bianca Kelty, James Kirby, Donovan Koh, Tara Newman, Jade Pennington, Ezekiel Pretty,

Letitia Bottin, Samuel Chirgwin, Elise Cook, Grace Fenger, Elizabeth Emanuelli,

Callum Roberts, Luke Simmons, Ronan Smith, Ryan Stewart, Lisa Thatcher, Kayla Watson.



ONGOESOM *You see these running across the road into the sugar cane.*

DRUG FREE KIDS' PROMISE & ENROLMENT FORM

For boys and girls aged 6—12 years

To be returned to:
"Drug Free Kids", PO Box 4044,
WOODRISING, NSW. 2284.

**"Trusting in God's help,
I PROMISE not to take anything
containing alcohol
or other harmful drugs."**

Signature: .....

My name is .....

I live at .....

.....

State ..... **Postcode** .....

I was born on

..... **(day)** ..... **(mth)** ..... **(yr)**

Signature of Parent: .....

13th Birthdays: July—September

Christopher Bradley, Joseph Calf, Cody Cantray, Nathan Chirgwin, Mikayla Delcastegne, Rachel Doyle, Brianna Fenger, Rebekah Gowers, Lauren Jamieson, Jessica Littore, Jacob O'Connor-Harrip, Kaspah Parker, Shaun Parker, Louis Russell, Bianca Simmons, Joseph Staker, Joshua Stuart, Luke Tonkin, Teaghan Witton, Morgan Zotti.

Welcome to Drug Free Christian Youth!
God provides the courage and power to stay drug-free and to make good choices.
Always rely on Him!

I A L L *A drum used to call people to church or to special ceremonies.*