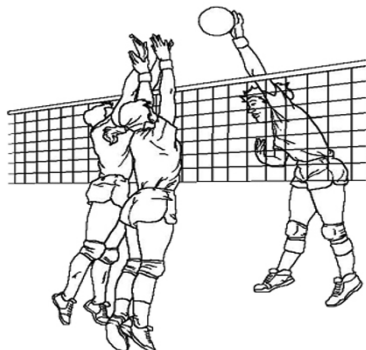
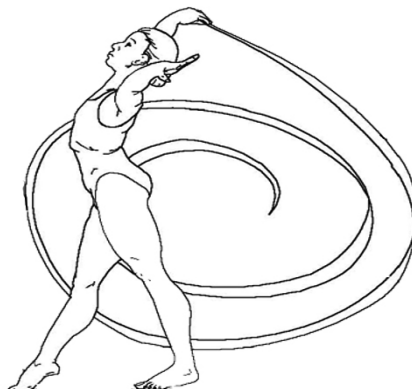


Drug Free Kids



www.dfk.com.au

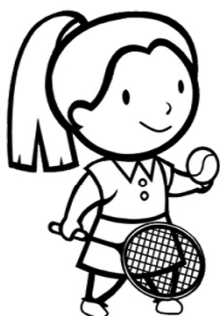
For girls & boys
aged 6 to 12



- ♦ Softball
- ♦ Gymnastics
- ♦ Swimming

**Sports and drugs
don't mix.**

**Stay clean -
Say "NO" to drugs!**



- ♦ Mountain climbing
- ♦ Cycling
- ♦ Volleyball
- ♦ Tennis
- ♦ Basketball
- ♦ Hurdling



*Pictures courtesy of
www.coloring.ws*

Draw a line from the sport to its picture and then colour the pictures. Write a poem or a short paragraph about your favourite sport and why it is important to be drug-free to play well. Send it in to DFK Fun Pages by using the email address below or mail to the address shown on the last page.

DFK Mailbag

This quarter, I received mail from:

Zachary & Ethan Brown-Duthie,

Stephen Mann (see poem) & Bayley Halyburton

Annual awards and prizes for work or letters sent in were sent to the following members for the points achieved in 2008:

Zachary Brown-Duthie

Fiacre Munezero

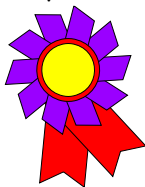
Ethan Brown-Duthie

Stephen Mann

Reuben Grynglas

Khadijah Anderson, Bayley Halyburton

& Jonathan Tomassone



200 points

106 points

105 points

25 points

20 points

5 points each.



Friends - Following the Lord

In the sky we fly,
On the ground we stand.
We take each other
Hand by hand.

We are all friends,
We are all right,
The sun will shine -
Oh, so bright.
And Jesus who loves you
Oh so much,
Will keep His hand out
So warm and lush.

He's on the move,
He's on the go,
So pick your bags up
And go, go, go!

We'll follow Him
East and west
Because when we're with Him
We feel our very best.
We'll follow Him
North and south,

To the land
Where sweet tastes fill my mouth.

And when we're there
We won't care
About danger, sin or pain,
We'll be with the Lord.

by Stephen Mann

Welcome to new DFK members:

**Jacob Boehm, Brady Boehm, Ashley Jones, Sophie Harding,
Caleb Chilcott, Nathan Chilcott, Felicity McMahon, Lachlan Norris,
Bethany Koch, Jessica McCarten, Noah Purdie, Nathaniel Rothwell**

Andrew Heathcote, Emily Heathcote, Chaya Wells were promoted from Little White Ribboners.

You can write to me or send things for the Fun Pages at the email address on page 1 or to the postal address on the promise form on page 4 or by filling out the form on the website—www.dfk.com.au.

Answers to puzzles can also be found on the website address.

Use the Word Find on Page 3 to work out the code in the message below. Check the row number and then the column picture to find the right letter. The first letter (6A) is circled = C.

CODED MESSAGES!

- Exercise increases the feel good 6A

14A 13A 4B 11B 5C 6C 9D 10D

in the 8E 4F 14G 10H 2I, without taking drugs.

- Exercise 1J 12K 8L 3M 5N 3O

4P 11Q 15R the 15S 7T 14U

2V 7W 5X in the blood—you can 5Y 9Z 11AA 3AB 13AC better.

- 10AD 9AE 5AF 10AG 12AH 1AI 7AJ 6AK

helps to flush 8AL 3AM 7AN 4AO 10AP

11AQ out of the body.

- 1AR 12AS 2AT 2AU 8AV 11AW 14AX 6AY

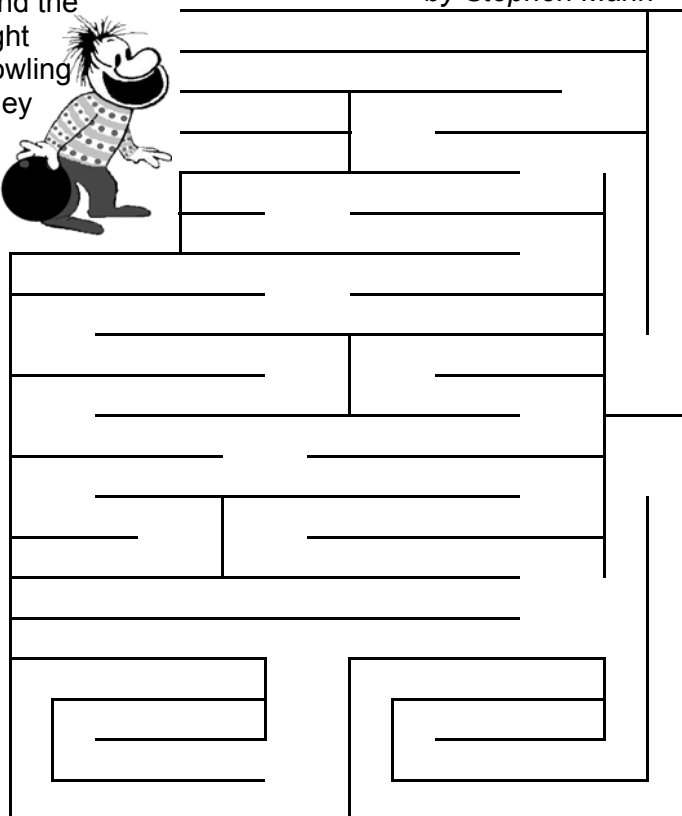
helps you 13AZ 15BA 2BB 4BC 1BD better.

- Exercise strengthens your

9BE 8BF 6BG 10BH 12BI 15BJ 14BK

including your 5BL 6BM 9BN 13BO 7BP.

Find the right bowling alley



1	I	S	V	I	O	L	E	N	T	T	P	C	A	Y	D
2	G	R	E	A	R	O	C	K	S	N	O	R	T	E	D
3	A	N	R	R	W	A	N	Y	S	K	W	F	P	R	O
4	L	L	I	I	U	S	A	M	E	D	D	R	R	U	K
5	O	A	O	H	T	T	L	E	N	I	E	F	F	A	C
6	K	T	H	C	©	A	A	E	S	S	R	G	E	C	A
7	S	N	E	D	A	T	B	R	S	O	B	O	X	O	R
8	D	E	A	T	H	C	I	I	E	S	B	U	T	C	C
9	N	M	R	O	H	T	O	W	L	P	E	R	R	A	U
10	S	E	T	C	T	N	O	C	T	I	M	V	A	S	C
11	P	U	P	I	L	S	A	I	S	N	T	E	C	I	T
12	E	L	A	S	A	N	X	I	E	T	Y	Y	T	B	N
13	L	E	A	V	E	S	S	T	R	O	K	E	S	E	S
14	M	A	R	T	H	M	U	T	P	E	S	S	A	Y	N
15	D	E	K	O	M	S	B	L	O	O	D	R	U	G	O
															



Page 3

Birthday Blessings!!

Great Promises from God:

"I am God, your God, who teaches you how to live right and well. I show you what to do, where to go."

Isaiah 48:17 (The Message)

January: Heather ..., Brock Andrews, William Beckwith, Susan Brabender, Bradley Cassidy, Jordan Curran, Rhiannon Curtis, Kaitlin Delesi, Hailee Dowsett, Dion Gallo, Tori Glass, Alex Hamence, Andrew Heathcote, Emily Heathcote, Amy Kathleen Hoskins, Nikita Jones, Jamie Kean, Shannon Lenigas, Alana Macgillivray, Luke Pederson, Kathryn Phillips, Calista Pocock, Elizah Pretty, Amy Schulz, Baldeep Singh, Katie Stanton, Vincenza Tassone, Jonathan Tomassone, Katie Webster, Emily Wescombe, Brooke Windadi

February: Jack Allen, Karla Allen, Harrison Barton-Johnson, Leah Bergen, Montana Beruldsen, Alan Brabender, Jessica Browne, Rebekah Cady, Liam Calvert, Timothy Chapman, Abigail Chong, Holly Crothers, Isaac Dannock, Olivia-Jade Emanuelli, Shannon Fenger, Ashlee Hester, Demi Hewett, Josephine Jarnet, Joseph Johnstone, Kirah Jones, Shavoughn Keller, Kaitley Linnett, Montana Macfarlane, Benji Marks, Jesse Marks, Nathan McPhee, Sonika Melipri, Rose Okumu, Luke Pendock, Grace Richardson, Layla Rose, Victoria Trebilco, Rachel Vaughan, Jesse Verseuur, Anna Walsh, Tania Wilkinson, Shakira Wright, Shane Yasserie

March: Luke Burrell, Tom Chalmers, Ruth Chapman, Caleb Chilcott, Grace Davey, Jordan Derry, Sarah Dunlop, Kya Duro, Tahlia Eakins, Calum Entermann, Stefan Gallo, Jonathan Gibson, Kaitlyn Greenfield, Lachlan Greenfield, Riley Humphrey, Makaela Ietto-Richards, Kaidy-Lee Kuhn, Shannon Kuhn, Brock Larkin, Ehlanza Mackay, Grace Mackie, Lavinia Marabito, Sam Maynard, Matthew Mazzini, Jace McGean, Felicity McMahon, Fiacre Munezero, William Newling, Merridy Nicholls, William Norman, Ellen Odgers, Glen Pendock, Finn Pirie, Meg Read, Matilda Rentsch, Gemma Richardson, Lachlan Scase, Jonathan Stewart, Nicola Stylianou, Richard Thompson, Benjamin Vollrath, Chaya Wells, William Whelan, Sophie Wood



Q. How did the ancient Vikings communicate?

13th Birthdays: January—March

Welcome to Drug Free Christian Youth!

God provides the courage and power to stay drug-free and to make good choices.

Always rely on Him!

Carolyn Bobongie, Carmelina Bocchino, Elizabeth Bocchino, Shaun Boddington, Nick Brabender, Madelaine Breguet, Robbie Brereton, Mahlia Brunet, James Cameron, Gabrielle Caminiti, Catherine Cavallo, Jordan Chapman, Bryce Dickeson, Nakiesha Dickson, Madeline Harland, Chloe Heitmann, Alicia Heraud, Geoffrey Hill, Layne Hyett, Fiona Jarnet, Ryan Legin, Rachel Mann, Asher Morgan, Riannon Ritchie, Dana Sutton, May Thomas, Madeleine Valente, Alexandra West

"The Lord your God will be with you wherever you go." Joshua 1:9

Q. What do you get if you cross some ants with some ticks?

A. All sorts of antsticks!

DRUG FREE KIDS' PROMISE & ENROLMENT FORM

For boys and girls aged 6—12 years

To be returned to:

"Drug Free Kids", PO Box 4044,
WOODRISING, NSW. 2284.

**"Trusting in God's help,
I PROMISE not to take anything
containing alcohol or other harmful drugs."**

Signature: .....

My name is .....

I live at .....

State ..... **Postcode** .....

I was born on ..... (day) ..... (mth) ..... (yr)

Signature of Parent: .....