

# Drug Free Kids



[www.dfk.com.au](http://www.dfk.com.au)

For girls & boys  
aged 6 to 12

Help the baby find a way to get  
out of the smoke filled car!

*Smoke Gets in My Eyes!*



What's black  
and white and  
green?

## DFK Mailbag

This quarter, I received mail from:

**Khadijah Anderson** - 5 points

**Reuben Grynglas** - 20 points

**Fiacre Munezero** - 30 points

Welcome to new DFK members:

**Leah Bergen, Liam Calvert &  
Shaynodah Smit.**

The following children have also been  
promoted from Little White Ribboners:

**Kayden Campos, Jemimah Foeava,  
Kaitlin Gordon, Sophie Hutchinson,  
Orlando Pule, Ronan Smith,  
Reginald Yasserie & Dallas Urand**

You can write to me or send things  
for the Fun Pages at the email  
address below or to the postal  
address on the promise form on  
page 2.

Answers to puzzles can be  
found on the website address shown  
below.



A seasick zebra!

Smoking cigarettes, marijuana,  
cigars or a pipe, causes pollution in  
the air. People nearby are passive  
smokers because, although they do  
not choose to smoke, they are  
actually breathing in the smoke too.  
Children are more likely to get sick  
from tobacco smoke with illnesses  
like coughing and wheezing,  
pneumonia, bronchitis, ear  
infections and asthma. They are  
often burnt when they play with  
matches or lighters.

If someone in your family smokes,  
ask if the house and car can  
be smoke-free zones. Move  
away from cigarette smoke or  
ask politely that they put out  
their cigarette and encourage  
them to quit smoking. It is  
now illegal in South Australia  
and Tasmania to smoke in a car if  
there are children in the car too.

## DRUG FREE KIDS

Enrolment form and promise  
for girls and boys aged 6-12 years.

To be returned to:

"Drug Free Kids",  
PO Box 4044,  
WOODRISING,  
NSW. 2284.

"Trusting in God's help,  
I PROMISE not to take anything  
containing alcohol  
or other harmful drugs."

Name .....

Address .....

State ..... Postcode .....

I was born on ..... (day) ..... (mth) ..... (yr)

Signature .....

Signature of Parent: .....

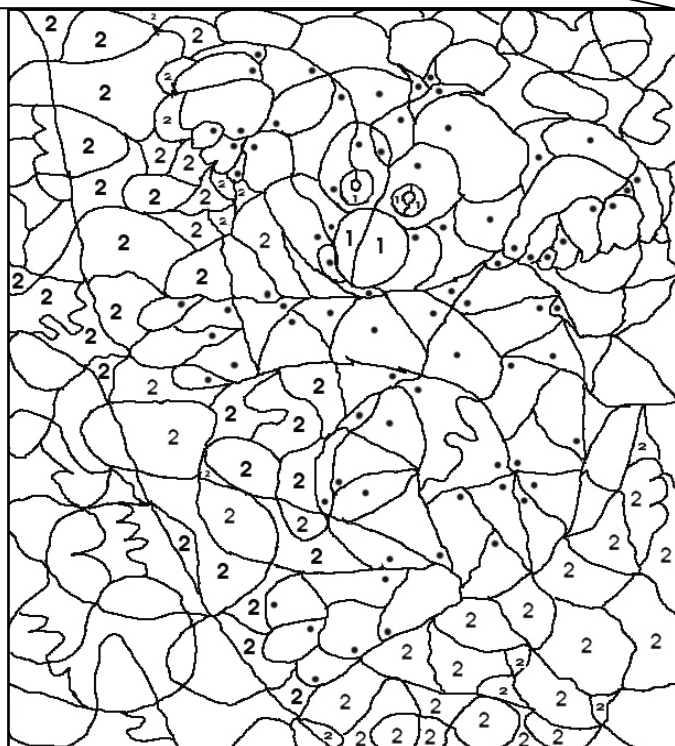
Look for the 39  
words on all these  
fun pages that are in  
**bold and underlined**  
and then find them  
in this Word Find.

WHAT'S IN A PACK?

H	S	H	T	A	E	D	I	X	O	N	O	M	G	B
V	E	M	P	H	Y	S	E	M	A	E	L	U	N	G
L	N	A	S	U	G	A	H	P	O	S	E	H	I	G
J	O	B	R	O	N	C	H	I	T	I	S	C	K	N
L	T	L	Z	T	I	T	C	A	N	C	E	R	O	I
O	E	A	D	C	H	E	B	N	R	K	T	I	M	H
N	C	D	B	A	T	V	J	R	K	S	T	Y	S	G
A	A	D	L	D	A	I	N	O	M	U	E	N	P	U
H	I	E	E	M	E	S	I	B	L	A	R	N	D	O
T	N	R	D	I	R	S	C	L	H	M	A	O	I	C
E	O	N	I	U	B	A	O	L	T	H	G	B	S	C
M	M	M	N	M	B	P	T	I	U	T	I	R	E	A
U	M	D	A	W	X	I	I	T	O	S	C	A	A	B
L	A	R	Y	N	X	P	N	S	M	A	B	C	S	O
N	B	N	C	W	H	E	E	Z	I	N	G	I	E	T



Colour the  
shapes as follows:  
Dots = grey, 1 = black, 2 = brown

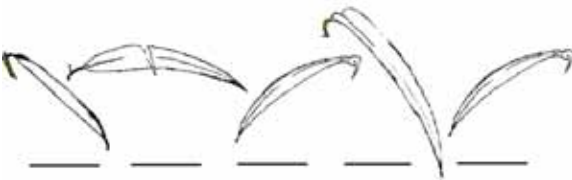


Some of the bad  
things in **cigarettes** or its smoke  
are **nicotine**, **tar**, **methanol**,  
**acetone**, and **carbon monoxide**  
which reduces the oxygen in blood -  
so people can develop **heart**  
**disease**. There are other poisons such  
as **arsenic**, **ammonia**, **DDT**, **cadmium**,  
**naphthalene**, and **cyanide**. Many of  
these chemicals can also cause  
**cancer**. Cancer can attack the  
**mouth**, **larynx**, **esophagus**, and  
**bladder**. **Lung** cancer and  
**emphysema** are common diseases  
caused by smoking and result in the  
**deaths** of many people in Australia.  
Even a baby in a pregnant mother  
may be **stillborn** if the mother smokes.

This Australian animal rarely drinks in the wild, obtaining moisture from the gum leaves and also from the morning dew on these leaves. Its name comes from an aboriginal word that means "No drink."

Bushfires, urban development, felling of trees, and diseases means that their survival is put at risk.

They don't like their air polluted either. Use the letter code from the manna gum to match with the leaves in the code to



find out the name of the animal and then join the dots to find one in this tree—then colour it in.

Make your rule:

"No alcoholic drinks!"

**We all share the air -  
Please don't smoke!**







## Birthday Corner

May God always be your special friend as you celebrate your special day. Have a great day!

Why is it great to be a tortoise?

### July:

Maggie Bant, Alexandria Bobongie, Christopher Bradley, Damian Brereton, Rebecca Burgess, Cody Cantray, Nadine Chapman, Candice Chong, Ellis Connor, Siobhan Craig, Erin Donnelly, Rachel Doyle, Brianna Fenger, Rhiannon Garner, Lauren Jamieson, Alexander Keller, Jamie-lee Lock, Darth Mackay, Jake Martin, Toni-Jayne McKenzie, Philadelphia McKinnon, Hannah Nicholson, Bryce Parker, Alexandra Schurr, Wade Smith, Joseph Staker, Shaymika Stewart, Shynia Stewart, Riley Townsend, James Turlan, Brent Walker, Lluwannee Walker, Chloe Watson, Lucas Wells, Reginald Yasserie

Arpee is looking for koalas. See if you can find him!

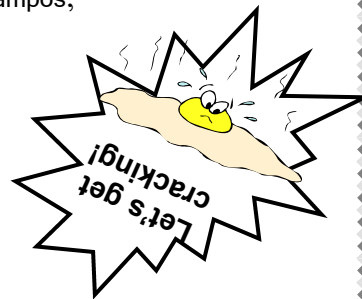


You never have far to walk home!

What did the egg say to the other egg?

### August:

Khadijah Anderson, Heidi Beckedorf, Sarah Bennett, Billie-Joe Burnett, Joseph Calf, Kayden Campos, Jazmine Cook, Jessica Crawford, Mikayla Delcastegne, Jemimah Foaeva, Gabrielle Gardner, Jess Garsed, Luke Gaskin, Samantha Gill-Murray, Rebekah Gowers, Bayley Halyburton, Jayndin Hopton, Jaidyn Job, Josie Kean, Rhyanna Lee-Boyce, Jessica Littore, Holly Lord, Mitch Mahoney, Jaime Martin-Carabes, Olivia McMahon, Raquel McMahon, Harrison Newman, Kaspah Parker, Lauren Russo, Simon Slowitzki, Chloe Smith, Ryan Stanton, Luke Tonkin, Benjamin Walker, Troy Watson



Why did the cookie go to the doctor?



### September:

Letitia Bottin, Nathan Chirgwin, Samuel Chirgwin, Elise Cook, Elizabeth Emanuelli, Grace Fenger, Sarah Follett, Nicole Gleeson, Reuben Grynglas, Marion Gust, Chloe Hill, Travis Holden, Desmond Hunt, Benjamin Jones, Bianca Kelty, James Kirby, Donovan Koh, Sophie McMahon, Tara Newman, Jacob O'Connor-Harrip, Shaun Parker, Jade Pennington, Ezekiel Pretty, Callum Roberts, Louis Russell, Bianca Simmons, Luke Simmons, Bethany Smith, Ronan Smith, Ryan Stewart, Joshua Stuart, Lisa Thatcher, Jake Veal, Kayla Watson, Teaghan Witton, Morgan Zotti

Why won't banks allow kangaroos to open accounts?

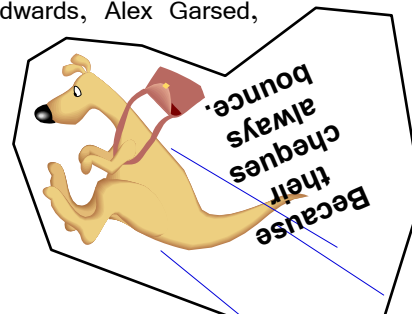
Because it was feeling crummy!

Check out the new world website for Drug-free Kids: <http://www.drug-freekids.com> Extra activities and links—Sign the members' book.

### 13th Birthdays:

### July—September

Nikkita Andrews, Jhy Berry, Jordon Blain, Larissa Bottin, Samantha Briggs, Daniel Cady, Andrew Cobden, Claudia Davy, Liam Donnelly, Jemimah Edwards, Alex Garsed, Kaini Han, Veronica Harding, Isaac Hogben, Zachery Holden, Molly-Ann Johnson, Sam Jonasson, Lachlan Mackay, Nathan McFarlane, Benjamin Nicholls, Rebecca Pennington, Bionda Romeo, Caitlin Schurr, Beau Shire, Rachael Skehan, Christie Thornton, Thomas Trebilco, Caitlan Wardle, Crystal Wearne, Kurtley Wickham, Sean Wright, Jalynda Yasserie



Welcome to Drug Free Christian Youth!

May God's blessing go with you throughout your life.

Remember to always keep your body pure and clean—a place where God can come and live.